



**Pregnancy Care Center's
5K Run for Life**
October 2, 2010
Jordan Valley Park
8:00 AM ~ Run Registration
9:00 AM ~ Run

Runner No. - For Office Use

5K RUN REGISTRATION FORM

Complete all information

Runner's Name	Age on 10/2/10:	<input type="checkbox"/> Stroller <input type="checkbox"/> Non Stroller	<input type="checkbox"/> Male <input type="checkbox"/> Female
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Mailing Address

City	State	Zip	E-Mail Address
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All participants will receive a free gift and an opportunity to enjoy refreshments.

Prizes will be awarded to the following:

- Top Overall Male and Female
- Overall Master Division (40+)
- 3 Places in the following Age Categories for Male and Female:

Age Categories: ♦ Stroller ♦ under 14 ♦ 15-19 ♦ 20-29 ♦ 30-39 ♦ 40-49 ♦ 50-59 ♦ 60-69 ♦ 70+

Waiver of Responsibility

Must be completed in order to participate in the 5K Run for Life. Please read carefully.

I understand the intent thereof, and I hereby agree and hold harmless the 5K Run for Life/ Pregnancy Care Center, Ridge Runner Sports, corporate sponsors, cooperating organizations, event volunteers, and any other parties connected with this event in any way individually or collectively from and against any blame for liability, injury, misadventure, harm, loss, inconvenience or damage thereby suffered as a result of participation in the 5K Run for Life or any activities associated herewith. I also hereby consent to and permit emergency treatment in the event of injury or illness. I give permission for use of my name and photograph in connection with this event. I further agree to conduct my activities in a safe and prudent manner. I CERTIFY that all information in this form is true and complete and will abide by the rules and instructions of the event, officials, and management. I CERTIFY by my signature below.

Signature (parents signature if under 18): _____ Date: _____

PACKET PICK-UP

You may pick-up runner packet and complete your registration at one of the following:
(Pick-up packet at Pregnancy Care Center preferred)

Thursday Sept. 30th
10:00 AM - 2:00 PM
at Pregnancy Care Center
1342 E. Primrose, Suite C

Cinch bag incentive for runners who pick-up at PCC on this day only. Limited quantity!

or

Saturday, Oct. 2nd
8:00 AM ~ Registration
9:00 AM ~ Run
at Jordan Valley Park
635 East Trafficway Street

REGISTRATION COST
(Pre-registration is preferred)

Individual: \$20 Pre-registration; \$25 after Sept. 16th
Family: \$50 Pre-registration; \$60 after Sept. 16th
(Family rate is per household)

Make checks payable to Pregnancy Care Center
1342 E. Primrose, Springfield, MO 65804
or
Pay online at www.pccchoices.org, click on donation, and note that your payment is for the 5K run.

Pregnancy Care Center is a nonprofit organization and contributions are tax deductible.

Additional prizes can be earned by raising funds for the Pregnancy Care Center in the following categories. (Registration fee will be applied to funds raised)

Raise \$200+ = Hoodie
Raise \$125 = Run/ Walk for Life T-Shirt
Raise \$50 = Stainless Steel Water Bottle