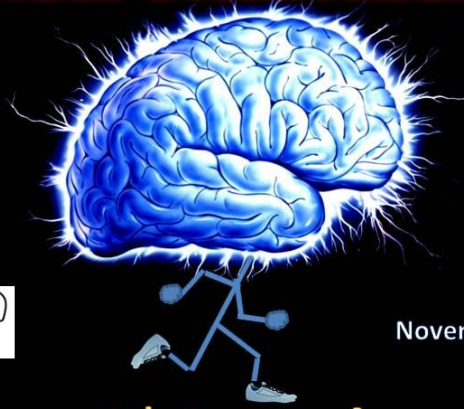


# Is Your Brain Aware?



November 13, 2010

## 1<sup>st</sup> Annual Brain Injury Awareness Run 5K/10K/1-Mile Fun Run & Walk

**Register no later than 1 November 2010 to ensure you receive a t-shirt on race day with your packet! All participants of walk & run will receive a t-shirt.**

### Race Start Times

5K & 10K (Electronic chip timing by Ridge Runner Sports)

**Mandatory Pre-Race Meeting: 7:45 a.m.** (at start/finish line)

Start Time: 8:00 a.m. (5K first; 10K – 5 minutes after)

Registration is required!

1 Mile Fun Run / Walk

Start Time: 8:15

Registration is required!

**All the proceeds from the above events will go directly to the Brain Injury Association of Missouri, benefitting persons with brain injury**

### 5K Awards & Categories

*Awards ceremony to be held on the square following the races*

#### Age Groups & Divisions

##### Age Groups

9-under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-up

##### Divisions

Male & Female

The top two males and females in each age division will receive prizes

The top overall Male & Female racer from 5K & 10K will receive \$50 cash

Proudly Benefitting:

**Brain Injury  
Association**  
of Missouri, Inc.



### 6:30 a.m. Check-In

*(Registration required for all races)*

**8:00 a.m. 5K/10K Start**

**8:15 a.m. Fun Run / Walk Start**

### Registration:

#### Check-In:

November 13, 2010

6:30 a.m. – 7:50 a.m.

The square in downtown Mt. Vernon

#### Registration Deadline:

Online @ (online registration fee applies)

<https://www.ozarkraces.com/register?event=2240> by 12pm on 12 November

2010 (if mailing check then by 12pm on 8

November 2010)

OR In person the morning of the race.

#### Race Packets:

Packets will be available for pick-up from

6:30 a.m. – 7:50 a.m. the day of the race

on the square

#### Fees (all fees donated directly to BIA of MO):

1 Mile Fun Run / Walk - \$5.00

5K - \$15 / 10K - \$17 in advance, \$20 day

of race (checks payable to Brain Injury

Awareness Run)

#### Route Map(s):

Route Map(s) available online at

<http://www.ozarkraces.com> on the

online registration page

#### Additional Assistance:

John J. Klay

(417) 766-1079

Charity Shelton

(417) 461-5599

*T-Shirts donated by the Missouri  
Rehabilitation Center Auxiliary /  
Volunteers*