



BOATHOUSE RACE 2010

Good Samaritan Boys Ranch

Boathouse Race

Saturday, September 18, 2010

Springfield Lake Boathouse

5K Trail Run @ 8:00 a.m.

5K Canoe/Kayak Race @ 10:00 a.m.

Food, Fun, Awards and Prizes!

Race Details

Price: 5K Trail Run - \$15 pre-registration, \$20 race day

5K Canoe/Kayak Race - \$15 per person pre-registration, \$20 per person race day

Both Races (run & boat) - \$25 per person pre-registration, \$30 per person race day

Race Categories:

Trail Run

14 and under
15 - 19
20 - 29
30 - 39
40 - 49
50 - 59
60+

Kayak Race - 1 person

Youth Male (15 - 18)
Youth Female (15 - 18)
Men (19+)
Women (19+)

Canoe Race

Youth Male (15 - 18)
Youth Female (15 - 18)
Youth Mixed (15 - 18)
Men (19+)
Women (19+)
Mixed (19+)
Family Fun -1 adult/1 child 10-14

Awards for Top Male, Female and Mixed Finishers in All Categories!

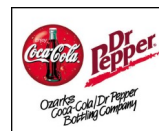
Registration: Drop forms and fees at Ridge Runner Sports 3057 South Fremont; mail to Good Samaritan Boys Ranch, P.O. Box 617, Brighton, MO 65617; or register online at active.com. Race Day Registration begins at 6:30 a.m. at the Boathouse.

Packet Pick-up: Friday, Sept. 17, 4:00 - 6:00 p.m. at Chick-fil-A, 3700 S. Glenstone

Trail Run: Some paved, some natural terrain, some flat, some hilly. A great run for any skill level!

Canoe/Kayak Race: Race will be from Springfield Lake Boathouse to the Old Iron Bridge and back. **Mandatory safety meeting at 9:30 a.m.** All racers will wear coast guard approved personal flotation device. Racers will be required to provide their own equipment. Limited supply of boats available for \$8 per boat by contacting Jon Chamberlain at Springfield Lake Boathouse 891-1551. This race is designed as an intro to canoe and kayak racing. For fairness and good sportsmanship, kayaks over 17' are not allowed.

Sponsored by:



**Good Samaritan Boys Ranch Boathouse Race 2010
Registration Form (teams fill out one for each person and attach)**

Last Name: _____ First Name: _____

Street Address: _____ Apt _____

City: _____ State: _____ Zip/Postal Code: _____

Telephone: _____ Alternate: _____

E-Mail _____ T-Shirt Size: XS SM MED LG XL XXL

Age: _____ Date of Birth: _____ Gender: Male Female

Emergency Contact (relationship) _____ Phone: _____

Registration Category (please circle)

5K Trail Run

Canoe: Youth(15-18) Youth Mixed Adult(19+) Adult Mixed Family Fun (adult and child 10– 14)

Kayak: Youth Solo(15-18) Adult Solo(19+)

Registration Fees (mark all that apply)

- 5K Trail Run - \$15 per person
- 5K Boat Race - \$15 per person
- Combined Race (run & boat) - \$25 per person

TOTAL AMOUNT DUE: _____ Make checks payable to Good Samaritan Boys Ranch

All Participants Must Sign Release Below

Release: in consideration of the acceptance of this registration entry, I, the undersigned, assume full responsibility for any injury or accident which may occur during my participation in this race or while I am on the premise of this event; and hereby release and hold harmless all sponsors, promoters, persons or entities associated with this event from any and all injury damages whether it be caused by negligence of the sponsors or otherwise. I grant permission to the sponsors to use photos, recordings or other records of this event.

Signature: _____ Parent/Guardian(if under 18) _____ Date: _____

Race Day Disclaimer: We will delay the start time, postpone or cancel the race or race portion if the following conditions are reported on the Lake or Trail on the morning of race day: flooding, hard driving rain or lightning. We will stop the race if conditions are deemed unsafe.