



**HOME  
RUN**

**5K & 1 Mile Fun Run**

**DATE:** Saturday May 1st

**PLACE:** National Avenue Christian Church  
1515 S. National Springfield MO 65804

**RACE DAY REGISTRATION** 7am– 7:45am

**START TIME:**

**5K Race:** 8am -Rain or shine.

**1 Mi fun run/walk:** 8:15

\*Single loop fast course

**COST:** 5k:\$15 pre-registration; \$20 race day

**1 Mile fun run/walk:** \$10 pre-registration; \$15 race day (Kids <10yrs free, donations appreciated)

**AWARDS:** Given to overall male & female and Top 3 in each age group in the following age brackets: Under 18, 19-25, 25-31, 32-41, 42-51, and Veterans (52+)

**Drop off or mail entries to:** Habitat for Humanity; 2410 S. Scenic Ave, Springfield, MO 65807 or go to [http://www.active.com/event\\_detail.cfm?event\\_id=1848413](http://www.active.com/event_detail.cfm?event_id=1848413) to register online.

Participants will receive Home Run tees. Raffles drawn the day of the event.

\*Pick up packets Friday, April 30, from 12:00 p.m. to 6:00p.m at Ridge Runner Sports 3057 S Fremont Springfield Mo, 65804

All proceeds go to help Springfield Habitat for Humanity build quality, affordable homes for deserving families.

**First name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Age on 5/1/10:** \_\_\_\_\_ **Gender:** \_\_\_\_\_ **Event:** \_\_\_\_\_ **5K** \_\_\_\_\_ **1 Mile**

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Shirt Size: Adult: S M L XL 2X Youth: S M L**

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I know that there will be traffic on the course route and assume the risk of running in traffic. I also assume any and all other risks associated with running this event, including but not limited to falls, contact with other participants, the effects of weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts and in consideration to your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Habitat for Humanity of Springfield, MO, volunteers, and any and all sponsors including their agents, employees, or anyone acting for or on their behalf, from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to sponsors and or agents authorized by them to use any photographs, video tapes, recordings or any other record of this event for any purpose. Applicants for minor accepted only with a parent's signature. (If a parent is signing on behalf of a minor, then the parent agrees to defend and indemnify all persons and entities listed in this Release/Waiver against any claims brought against them by that minor at any time, arising out of the minor's participation in this event.)

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian (if under 18):** \_\_\_\_\_ **Date:** \_\_\_\_\_